



January 2012-Activities Calendar

Oak Meadows Senior Living
8131-8133 Fourth Street North
Oakdale, Minnesota 55128
T: 651-578-0676
www.oak-meadows.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>New Year's Day</i> 1:30 Weekends @ the Movies (M)	2 10:00 Video Exercise (M) 12:30 500 Cards (L) 1:00 JCPenney (B) 6:00 Dominoes (L)	3 <i>Beauty Shop</i> 12:30-1:30 LE Bank (M) 1:30 Pines BP Checks (NO) 1:30 Blue Christmas Service (C) 2:30 Wii Bowling (M) 6:30 Rosary Group (M)	4 9:30 Exercise w/ Anna (M) 10:30 GA Mass (C) 1:00 Yarn Works (F) 1:00 Target: Oakdale (B) 2:40 Mobile Post Office (Pines) 6:15 Bingo w/ Oakdale Princesses (C)	5 <i>Beauty Shop</i> 10:30 Bible Study (C) 11:00 Lake Elmo Inn (B) 12:00 Birthday Lunch (DR) 2:00 Jim Kellerman Concert (C) 6:15 Bridge (L)	6 10:00 Exercise w/ Megan (M) 1:00 Coffee w/ the Chef (M)	7 10:00 Video Exercise (M) 2:00 Tenant Council Bingo (C) 4:15 & 4:30 GA Mass (B) 6:30 Weekends @ the Movies (M)
8 2:00 Bingo w/ Tartan NHS Students (C) 6:30 Weekends @ the Movies (M)	9 10:00 Video Exercise (M) 12:30 500 Cards (L) 1:00 Valley Hearing Concepts (M) 2:00 Tenant Council Meeting (C) 6:00 Dominoes (L)	10 <i>Beauty Shop</i> 10:00 Un-decorate the Pines Christmas Tree (Pines Lobby) 1:00 Dollar Store (B) 1:30 Ponds BP Checks (C) 1:30 Devotions (F) 2:30 Wii Bowling (M) 6:30 Rosary Group (M)	11 9:30 Exercise w/ Anna (M) 10:30 Church Service (C) 1:00 Yarn Works (F) 1:00 Rainbow Foods (B) 2:40 Mobile Post Office (Pines) 3:00 Mind Aerobics (M) 7:00 Tea & Reminisce (C)	12 <i>Beauty Shop</i> <i>Alterations by Liz</i> 10:30 Schwan's Frozen Foods (F) 10:30 Bible Study (C) 1:00 Un-decorate the Ponds Christmas Trees (Ponds Lobby) 6:30 Classical Piano Concert w/ Marcia Torning (F) NO BRIDGE TONIGHT	13 10:00 Exercise w/ Megan (M) 11:00-2:00 Recycled Cards (M) 1:00 Pies w/ the Guys (DR)	14 10:00 Video Exercise (M) 2:00 Wii Bowling w/ Jacky & Jennifer (M) 4:15 & 4:30 GA Mass (B) 6:30 Weekends @ the Movies (M)
15 1:30 Weekends @ the Movies (M)	16 10:00 Video Exercise (M) 11:00 Red Lobster (B) 12:30 500 Cards (L) 6:00 Dominoes (L)	17 <i>Martin Luther King Jr. Day & Beauty Shop</i> 9:30-10:30 LE Bank (C) 1:00 Kowalski's (B) 1:30 Devotions (F) 2:30 Wii Bowling (M) 6:30 Rosary Group (M) 7:00 Luci the English Setter Visits (Lobbies)	18 9:30 Exercise w/ Anna (M) 10:30 Church Service (C) 1:00 Yarn Works (F) 1:00 Wal-Mart (B) 2:40 Mobile Post Office (Pines)	19 <i>Beauty Shop</i> 9:30 Catholic Liturgy & Communion (C) 10:30 Bible Study (C) 1:00 Herberger's (B) 1:00 90+ Club (M) 2:00 Emergency Procedures w/ Oakdale Fire Department (C) 6:15 Bridge (L)	20 10:00 Exercise w/ Megan (M) 2:00 Full Bloom: Phyllis Diller (C)	21 10:00 Video Exercise (M) 2:00 Tenant Council Bingo (C) 4:15 & 4:30 GA Mass (B) 6:30 Weekends @ the Movies (M)
22 1:30 Weekends @ the Movies (M)	23 <i>Barber Shop</i> 10:00 Video Exercise (M) 12:30 500 Cards (L) 2:00 Valley Hearing Concepts (M) 6:00 Dominoes (L) 7:00 North Suburban Chorus Concert (C)	24 <i>Beauty Shop</i> 1:30 Devotions (F) 2:30 Wii Bowling (M) 6:30 Rosary Group (M)	25 9:30 Video Exercise (M) 10:30 Church Service (C) 1:00 Yarn Works (F) 1:00 Cub Foods (B) 2:40 Mobile Post Office (Pines) 3:00 Mind Aerobics (M)	26 <i>Beauty Shop</i> 10:30 Schwan's Frozen Foods (F) 10:30 Bible Study (C) 1:00 Kmart (B) 1:00-5:00 AARP Driving Class (M) 2:00 "Diabetes Basics" (C) 6:15 Bridge (L)	27 10:00 Exercise w/ Megan (M) 11:00-2:00 Recycled Cards (M) 2:30 Happy Hour (C)	28 10:00 Video Exercise (M) 2:00 Wheel of Fortune w/ Jacky & Jennifer (M) 4:15 & 4:30 GA Mass (B) 6:30 Weekends @ the Movies (M)
29 1:30 Weekends @ the Movies (M)	30 10:00 Video Exercise (M) 11:00 Ruby Tuesday's (B) 12:30 500 Cards (L) 2:00 Come Welcome New Tenants & Hot Cocoa (C) 6:00 Dominoes (L)	31 <i>Beauty Shop</i> 1:30 Devotions (F) 2:30 Wii Bowling (M) 6:30 Rosary Group (M) 7:00 Luci the English Setter Visits (Lobbies)	Activities are subject to change. Please check Activity Boards in each lobby for updated info.	B = Bus Trip NO= Nurse's Office ***You MUST sign up in order to go on a bus trip. To sign up, call the receptionist at: 651-578-0676.***	C = Community Room M = Multipurpose Room F = Fireside Room Pines/Ponds/Woods = Lobby DR = Dining Room L = Library	